



LASER NON-ABLATIVE ADVICE

The application of cool gel packs and topical creams – immediately following treatment – can help alleviate post-treatment itchiness and stinging that may occur.

Edema (swelling) and sometimes blanching is expected immediately post-treatment. This generally resolves within 24 to 48 hours.

You may experience significant redness, broken capillaries and bronzing in the treatment area for approximately 1 to 3 days after treatment. This may persist in a mild form for several weeks.

Gentle cleansing and use of non-irritating cosmetics are permitted after treatment.

Discontinue topical retinoids (vitamin A) for 1 to 2 weeks prior to the initial treatment and throughout the course of the treatment.

If you are prone to acne breakouts, you should avoid heavy make-up or moisturisers for 24 hours post-treatment. Avoid injury and sun exposure for at least 2 weeks following treatments.

Use a daily sunscreen with SPF45 or greater throughout the course of the treatment and for 6 months following the final treatment.

Once the treatment area is healed, some itching and dryness may occur. This will gradually clear. Non-irritating moisturisers may be used to provide relief.

A course of 3 to 5 regular treatments will be necessary to achieve the best results. Please contact your therapist should any side effects occur.

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