



PEELS POST-PROCEDURE CARE

After a peel, your skin may experience some stinging, redness, tightness and sensitivity. There may also be some light swelling or peeling. These effects will gradually diminish over the course of a week. Occasionally there is some temporary darkening of the skin. If you experience unusual discomfort or swelling, contact your skincare therapist immediately.

Apply barrier cream (provided by your therapist) for 2 to 3 days until the skin returns to near-normal appearance.

TO PROMOTE THE HEALING PROCESS,
YOU SHOULD:

- Apply barrier cream twice daily for 2 to 7 days, or as needed during the renewal period for sustained comfort.
- Avoid products containing vitamin A or exfoliating ingredients (e.g. alpha-hydroxy acids) until the skin returns to its normal condition.
- Delay the application of make-up for 24 hours on the peeled area if the skin is sensitive.
- Avoid the use of abrasive or exfoliating sponges on the area.
- Avoid sun exposure until the skin returns to a near-normal appearance (five to seven days).
- Use a good SPF (sunscreen) daily, following your peel.

UNTIL THE SKIN RETURNS TO NORMAL,
YOU SHOULD NOT:

- Peel the skin.
- Pick the skin.
- Scrape the skin.
- Scratch the skin.
- Wear tight head bands, hats, etc.
- Expose the skin to the sun or sun beds.
- Use a mask on the skin.

Maintain your skin using an appropriate facial cleanser and cream with SPF as recommended by your skincare therapist.

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